

MINUTES
SUBSTANCE ABUSE SERVICES COUNCIL
JULY 10, 2013
VIRGINIA ASSOCIATION OF COMMUNITY SERVICES BOARDS
RICHMOND, VIRGINIA

MEMBERS PRESENT:

Senator George L. Barker, *Virginia State Senate*
JoAnn Burkholder, *Department of Education (DOE)*
Lynne Crammer, *Substance Abuse Alliance Recovery Association (SAARA)*
Delegate Anne B. Crockett-Stark, *Virginia House of Delegates*
Jamie MacDonald, *Virginia Association of Community Services Boards/Prevention (VACSB-Prevention)*
Henry H. Harper, III, *Virginia Foundation for Healthy Youth (VFHY)*
Delegate M. Keith Hodges, *Virginia House of Delegates*
Butch Letteer, *Department of Motor Vehicles (ABC)*
Kim MaGaughey, *Department of Social Services (DSS)*
Art Mayer, *Department of Juvenile Justice (DJJ)*
Jean Mottley, Ph.D., *Department of Corrections (DOC)*
Mellie Randall, *Department of Behavioral Health and Developmental Services (DBHDS)*
Patricia Shaw, *Virginia Drug Court Association (VDCA)*
Diane Williams, *Substance Abuse Certification Alliance of Virginia (SACAVA)*
William Williams, *Virginia Association of Community Services Boards/SA Council (VACSB-SA)*

STAFF:

Lynette Bowser, *Department of Behavioral Health and Developmental Services (DBHDS)*
Margaret Anne Lane, *Department of Behavioral Health and Developmental Services (DBHDS)*

GUESTS:

Micki Dawson, Intern, *Virginia Drug Court Association (VDCA)*
James Tobin, *Virginia Association of Community Services Boards (VACSB)*
Sarah Wellman, Intern, *Virginia Drug Court Association (VDCA)*
Ralph Orr, Director, Prescription Monitoring Program, Department of Health Professions

- I. WELCOME AND INTRODUCTION:** The meeting was called to order at 10:00 a.m. by Will Williams, Chair, with introductions by those in attendance.
- II. REVIEW AND APPROVAL OF MINUTES OF THE MAY 29, 2013 MEETING:** A motion was made by Mellie Randall and seconded by Diane Williams to approve the minutes of the May meeting. The motion was carried.
- III. PRESENTATION: VIRGINIA'S PARTICIPATION IN THE NATIONAL GOVERNOR'S ASSOCIATION POLICY ACADEMY TO REDUCE PRESCRIPTION DRUG ABUSE:** Chairman Williams introduced Ralph Orr, Director of Virginia's Prescription Monitoring Program for the Virginia Department of Health Professions.

Virginia was selected by the National Governors' Association to participate in a Policy Academy focusing on reduction of prescription drug abuse in September of 2012. The Department of Health Professions was the lead agency. The Commissioner of the Department of Behavioral Health and Developmental Services, the Deputy Secretary of Public Safety, and the Superintendent of State Police were members of the executive team. The agencies sent representatives to two national meetings.

The Policy Academy focused on four strategies, monitoring, training/education, enforcement and disposal. The Virginia team developed teams of senior level advisors to develop these strategies for the state with the assistance of experts and stakeholders from around the state through a series of conference calls and a statewide meeting that staff from the National Governors' Association facilitated.

A draft document is now under review by the core leadership of the Policy Academy in preparation for presentation to the Governor's Office. Release of the report is expected mid- to late-August.

Mr. Orr discussed highlights and recommendations from the subgroups.

- The training and information subgroup was the largest subgroup. Its primary recommendation was to develop a resource center that could be used for prescribers or pharmacists, community organizations and patient centers in order to gather helpful information in one place.
- Another recommendation from the subgroups was to have a task force, chaired by the Secretaries of Public Safety and Health and Human Resources, look at the treatment needs and implement the strategies.
- There will probably be some legislative proposals developed from some of the recommendations suggested in the strategy.

Mr. Orr provided members with his contact information and asked that members contact him if they have further questions.

Ms. Randall moved that, in regards to Mr. Orr's presentation, the Council take an official action to endorse and support the report and its recommendations. In discussion, Delegate Stolle stated that it was premature, before the Council had the document, to endorse and support the document. Ms. Randall withdrew the motion. It was suggested that Council review the report once it is made public and move to endorse it at that point if Council concurs.

JoAnn Burkholder made a new motion that in light of what was presented today and how important the work of this group is in regards to the prescription monitoring program that the Council include in its report an endorsement to establish an ongoing task force. Delegate Stolle suggested that the Council wait until the report comes out before making an endorsement. Ms. Randall will provide members with a copy of the report as soon as it becomes a public document. It was decided that, if the report has been released by the September 4th meeting, Mr. Orr be invited back for discussion of an endorsement. If not, the

Council may consider having an additional meeting after the report has been released to discuss an endorsement to be included in the Council's report.

IV. UPDATE ON THE BEHAVIORAL HEALTH ADVISORY COUNCIL:

Chairman Williams and Ms. Lane gave an update on the Behavioral Health Advisory Council (BHAC), formerly the Mental Health Planning Council, which is a requirement of the federal Mental Health Block Grant. Ms. Randall provided some background on the former Mental Health Planning Council and its transition into the Behavioral Health Advisory Council: the purpose of the BHAC is to advise the state on the uses of the block grant funding. The Substance Abuse and Mental Health Services Administration (which administers the grant) has strongly encouraged states broaden the focus of the planning councils to include addiction. Ms. Lane is the designated representative of DBHDS/OSAS on BHAC, which is composed of members who represent advocacy groups, consumers, families of consumers, various state agencies and constituent groups, including SASC. Chairman Williams represents SASC on BHAC. Ms. Lane stated that BHAC is seeking additional members in order to have a greater representation for substance abuse issues. She asked that SASC members make any recommendations for BHAC participation to Chairman Williams.

Chairman Williams stated that BHAC wants to do more with co-occurring issues for a better integrated approach. This is a great opportunity for SASC to share its knowledge and experience of recovery, peer support and developing support networks. BHAC meetings are open to the public and SASC members are invited to attend. The next BHAC meeting will be held in Richmond on August 21st. Members may contact Ms. Lane for further information.

V. OLD BUSINESS:

It was decided to have a presentation on the re-entry efforts at DOC at the September 4th meeting.

VI. NEW BUSINESS:

The Chair asked members present to provide reports on recent activities of the organizations they represent:

Jean Mottley reported that the Department of Corrections is training staff and implementing the Matrix model in its SA treatment programs.

Jamie MacDonald reporting on behalf of the Prevention Council of the Virginia Association of Community Services Boards that the State is funding Mental Health First Aid Training, as well as suicide prevention. He would like to do a presentation on Mental Health First Aid at a future meeting.

Henry Harper, reporting on behalf of the Virginia Foundation for a Healthy Youth, announced that the Reduced Tobacco Use Conference is being held April 10 and 11, 2014. The deadline for abstracts has been extended until August 8. He requested that SASC members share this information to any their colleagues.

JoAnn Burkholder, reporting the Department of Education, requested an opportunity to present about DOE's crime and violence report on the number of students that have offenses of drug, alcohol and tobacco.. There is trend data over the past five years.

Mellie Randall, reporting on behalf of the Department of Behavioral Health and Developmental Services, reported that her agency had been selected to participate in a national policy conference sponsored by the federal Substance Abuse and Mental Health Services Administration to focus on implementing Recovery Oriented Systems of Care. The policy team had included Ms. Crammer, a representative from SAARA, a the Department of Medical Assistance Services, and persons in recovery and other advocacy groups. The policy team is leading an effort to make services more recovery-oriented. She explained that while the value of including people with lived experience had been a foundation of addictions services from the beginning (and had really predated professional services), this concept is new in many circles who serve people with mental illness and actually has a more civil rights perspective in that context. This initiative, BRSS-TACs (Bringing Recovery Supports to Scale – Technical Assistance Collaborative) has been working with a small group of folks for over a year and recently hosted a conference in Roanoke of state “thought leaders” to develop strategies for dissemination. These leaders will be developing regional teams for local implementation.

She also reported that DBHDS is working with the Department of Criminal Justice Services to study substance abuse services that are provided in local jails.

She announced that HB1672, enacted by the General Assembly in 2013, makes naloxone available to lay rescuers to counteract opiate overdose. The legislation calls for DBHDS to work with the Department of Health and the Department of Health Professions to develop pilot programs that involve law enforcement, advocacy and recovery organizations and other stakeholders. State agencies have been meeting to determine what resources can be shared to help with implementing this program. The target areas are metropolitan Richmond and the far southwestern part of the state. A report on the pilot will be made to the General Assembly for the 2015 Session.

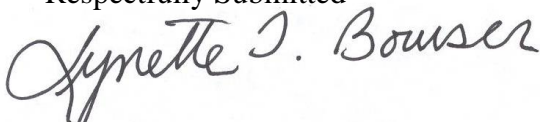
VII. PUBLIC COMMENT:

There was no public comment.

VIII. ADJOURNMENT:

The meeting was adjourned at 11:53. The next scheduled meeting is September 4th at 10:00 a.m. at the same location.

Respectfully Submitted

A handwritten signature in dark ink, reading "Lynette T. Bowser". The signature is written in a cursive, flowing style.

Lynette T. Bowser